



www.shadiar.com



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PERSIAN BRAND.
A GLOBAL MARKET

DATES FOR EVERY TASTE

Our products are carefully sourced from the best sources.
One of the most famous date regions in the world.
We offer a wide range of products using advanced
processing techniques.



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Properties of dates

Dates are a nutritious fruit that has a very high nutritional value. This is the reason that the benefits of dates for health are many. The following are the proven properties of dates:

Energizing:

Dates are a rich source of carbohydrates and useful sugars that are quickly converted into energy in the body.

Rich in dietary fiber:

The amount of dietary fiber in dates is very significant. For this reason, it strengthens the digestive system, improves the functioning of the intestines and solves problems such as constipation.

Rich in vitamins:

Vitamin C, Vitamin A and Vitamin K are abundantly found in dates. The presence of these vitamins in the body will maintain the health of the skin, strengthen the body's immune system and make cells work better.

A good source of minerals:

Dates contain essential minerals such as potassium, copper, manganese and magnesium. These minerals help maintain the body's electrolyte balance, maintain bone health, and improve cardiovascular function.



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Rich in antioxidants:

Dates have a lot of natural antioxidants that help reduce oxidative and inflammatory damage to the body. In addition to these, the presence of these types of antioxidants reduces the risk of heart diseases, cancer, chronic inflammation and some diseases related to aging such as Alzheimer's.

Supporting sexual health:

Dates, as a complete source of minerals such as zinc, help sexual health and the production of sex hormones.

Blood sugar controller:

Dates can be effective in controlling blood sugar levels. Because it slows down the glucose absorption process. As a result, sugar will be slowly and steadily absorbed in the body.

Rich in iron:

Dates are rich in iron, which plays a very important role in making hemoglobin and carrying oxygen in the body. As a result, one of the benefits of dates is to eliminate iron deficiency and anemia.

Anti-inflammatory properties:

Dates contain compounds such as phenols and carotenoids that have anti-inflammatory properties. These compounds can help reduce chronic inflammation.





Piarom Dates

400 gr

Mather Box : 16 Pcs



Mazafati Dates

400 gr

Mather Box : 16 Pcs



Rabbi Dates

400 gr

Mather Box : 16 Pcs



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Mazafati Dates

2000 gr
Mather Box : 6 Pcs



Kalooteh Dates

2000 gr
Mather Box : 6 Pcs



Zahedi Dates

2000 gr
Mather Box : 6 Pcs

Shadiar

ФИННИКИ

Net Weight
5kg



Shadiar

ORIGINAL
ORIGINAL
ORIGINAL

Kalooteh Dates

تفاح شاديار

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ФИННИКИ

Net Weight
5kg



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Mazafati
Dates
5000 gr



Kalooteh
Dates
5000 gr



Zahedi
Dates
5000 gr

Shadiar



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Rabbi Dates

500 gr

Mather Box : 12 Pcs



Piarom Dates

500 gr

Mather Box : 12 Pcs



Zahedi Dates

500 gr

Mather Box : 12 Pcs



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Mazafati Dates

650 gr

Mather Box : 12 Pcs



Mazafati Dates

800 gr

Mather Box : 12 Pcs



Mazafati Dates

400 gr

Mather Box : 18 Pcs



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Mazafati Dates

800 gr

Mather Box : 12 Pcs



Mazafati Dates

600 gr

Mather Box : 12 Pcs



Mazafati Dates

400 gr

Mather Box : 18 Pcs

**A PERSIAN BRAND,
GLOBAL MARKET**

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Piarom
Dates
5000 gr



Saier
Dates
5000 gr



Kabbab
Dates
5000 gr



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Mazafati Dates

600 gr

Mather Box : 12 Pcs



Kalooteh Dates

450 gr

Mather Box : 12 Pcs



Kalooteh Dates

450 gr

Mather Box : 12 Pcs







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Kalooteh
Dates
600 gr



Kalooteh
Dates
5000 gr



Kalooteh
Dates
2000 gr







- *More than 20 amino acids that are not found in most fruits, is in dates*
- *Dates Wonderful and magical fruit*
- *Useful for all age groups*
- *Energy and happiness guarantees your health*



Add: 10 No.,3 Tolid St.,End of Sanat
15, Chenaran Industrial Park, Iran.

